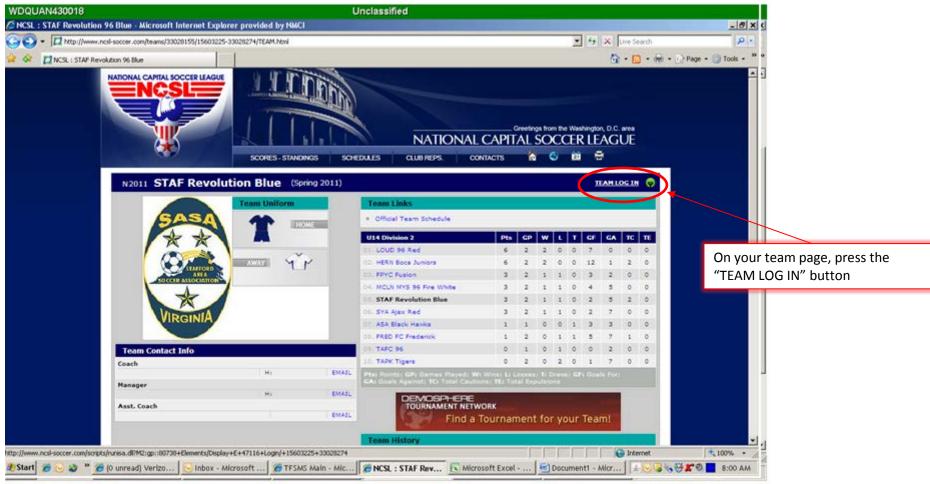


Checking Accumulated Cards for an NCSL Team



1. Visit Team Page



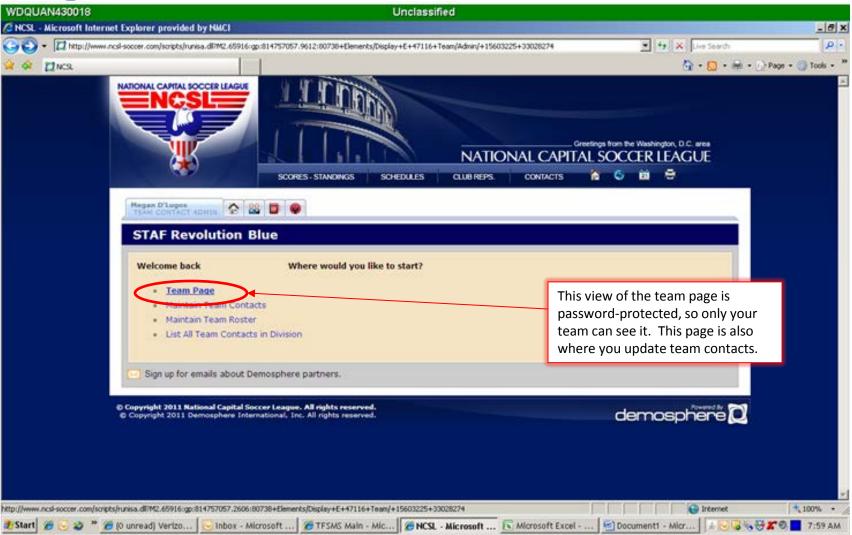


2. Go to Team Admin



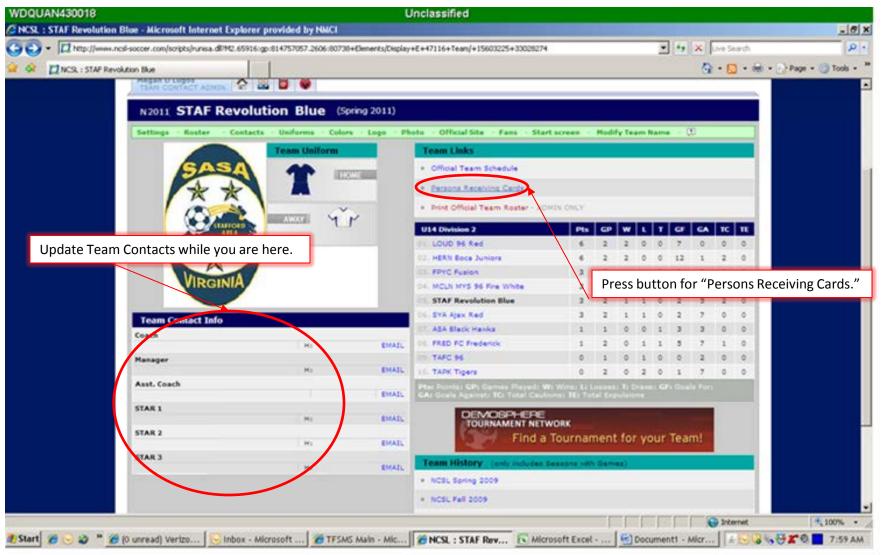


3. Visit Private Team Page



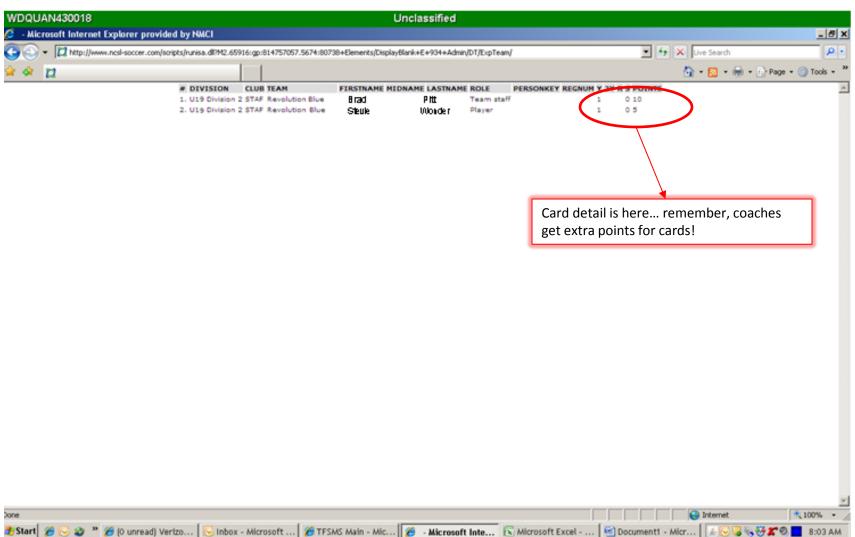


3. Persons Receiving Cards





3. Persons Receiving Cards





MATIONAL CAPITAL SOCCER LEAGUE

Reminders Cards and Points

PLAYERS

• 1 Yellow Card (Caution) = 5 points

• 1 Red Card (Ejection) = 10 points

• 2 Yellow Cards → 1 Red Card = 10 points

Max points earned by a player in a match = 15

COACHES/TEAM OFFICIALS

- <u>First</u> card in a match earns 5 additional "penalty" points first <u>Yellow</u> Card = 10, first Red Card = 15.
- Max points earned by a coach in a match = 20.

Cards and Points (cont.)

SUSPENSIONS

Red Card (Ejection) = 1 Match Sit

Accumulate 20 points (AP) = 1 Match Sit

• Every 10 points after 20 = 1 Match Sit

HONOR SYSTEM – TRUST BUT VERIFY

- Failure to sit results in **HARSH** penalties
 - Match Forfeitures
 - Red Card failure → 1RC + 2D & 3D (coach)
 - Accumulated Points Failure → 1AP + 1D & 1D (coach)